

Flu & COVID-19 Vaccine Clinics

The best way to protect against COVID-19 and the flu is getting vaccinated

Vaccine Clinics

Covid-19 and annual flu shot immunizations are provided onsite to help you and your employees prevent the severity of the influenza and corona viruses and help decrease sick days. Our team helps coordinate high quality administration of vaccination clinics in the convenience of your workplace so your employees don't have to take valuable time away from the office.

How to Schedule

To schedule a flu or COVID-19 vaccination clinic, contact the EMI Health Wellness Director,

Baylie Divino

bdivino@emihealth.com



*Minimum participation numbers apply for screenings, mobile mammograms, and flu clinics.
Minimums vary depending on location.

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Flu Shot Facts

Protect yourself and those around you by getting your flu shot.

Why should you get a flu shot?

The flu is a respiratory infection caused by a number of viruses. Most people with the flu get better on their own, but it can be serious. It can cause complications and sometimes even death.

Getting the flu vaccine every year is the best way to lower your chance of getting the flu and spreading it to others. Antibodies develop in your body about two weeks after you get a flu vaccine. These antibodies provide protection against infection with the viruses that are in the vaccine.

Where can you get a flu shot?

You can get the seasonal flu shot at a participating retail pharmacy. To find one near you, log into your My EMI Health account at emihealth.com

1. Select the Express Scripts button.
 2. Select "Manage Prescriptions" and "Locate a Pharmacy."
 3. Contact the pharmacy to verify vaccine availability and times for administration by a certified pharmacist.
- No appointment is necessary.

Who should get a flu shot?

In general, everyone six months of age and older should get a flu vaccine every season. People with the following conditions should check with their doctors before getting a vaccine:

- Egg allergy
- Previous reaction to a flu shot
- Guillain-Barre Syndrome
- A fever

How much will you pay for a flu shot?

Probably nothing. EMI Health plans cover many preventive services, including the flu shot, without cost to you when those services are received from a participating provider. This is true even if you haven't met your yearly deductible. Be sure to present your EMI Health ID card to the pharmacy.



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